SOCIAL PRESCRIBING

## CONNECTING DMMUNITIES

IN FALMOUTH AND PENRYN

Discover how you can improve your Health & Wellbeing

## JOIN US FOR A DAY OF INFORMATION, **FUN AND ACTIVITIES**

Healthy food & drink | Live music & entertainment Exercise tasters | Community cafés | Art & holistic therapies Family activities | Many community groups attending

## THURS 16TH MAY 2019 10AM — 4PM

FIND US ON AND AROUND FALMOUTH MOOR



@PlussInspires



PlussInspires

www.positive-people.org.uk www.pluss.org.uk

Getting Out and Active

Connect with Your Community



Positive People is funded by the European Social Fund and the National Lottery Community Fund









